

## Highland Games, Embro

July 01, 2011

10K

Place	First Name	Last Name	City	Gender	Age	Time	Pace
1	Clifford	Worden-Rogers	London	M	27	34:20	3:26/K
2	Pete	Chapman	London	M	32	36:07	3:37/K
3	Mark	Schmidt	Gads Hill	M	14	36:33	3:39/K
4	Tyler	Natywary	Mitchell	M	16	37:54	3:47/K
5	Jason	Erb	Baden	M	39	38:02	3:48/K
6	Robert	Bertrand	Woodstock	M	33	38:03	3:48/K
7	Bruce	Pepper	Stratford	M	34	38:29	3:51/K
8	Chris	Hare	Thamesford	M	33	38:44	3:52/K
9	Scott	Finch	Kintore	M	36	38:56	3:54/K
10	Brian	Waldie	Stratford	M	41	39:07	3:55/K
11	Nicola	Wilberforce	Thunder Bay	F	43	39:11	3:55/K
12	Sam	Kirwin	Embro	M	16	39:45	3:59/K
13	Kathleen	Scott	Mitchell	F	24	39:50	3:59/K
14	Dan	Vanderlaan	Ontario	M	37	39:57	4:00/K
15	Doug	Roswell	London	M	27	39:59	4:00/K
16	Cal	Dolson	Tavistock	M	53	40:18	4:02/K
17	Mark	Koopman	London	M	27	40:26	4:03/K
18	Scott	Landreth	Stratford	M	20	40:31	4:03/K
19	Paul	Braun	Kitchener	M	47	40:35	4:04/K
20	Karen	Gilbert	London	F	29	40:52	4:05/K
21	Henry	Drost	Woodstock	M	54	41:07	4:07/K
22	Ryan	Dufton	Thorndale	M	29	41:13	4:07/K
23	Ian	Renfrew	Kitchener	M	51	41:18	4:08/K
24	Dave	Boersma	Exeter	M	39	41:23	4:08/K
25	Chris	Dolson	Stratford	M	33	41:31	4:09/K
26	Allan	Mazur	St Marys	M	46	41:40	4:10/K
27	Patrick	Burns	Stratford	M	47	41:46	4:11/K
28	Greg	Clements	Owen Sound	M	40	43:07	4:19/K
29	Ian	McCreery	Innerkip	M	17	43:22	4:20/K
30	Nick	Grout	Ingersoll	M	52	43:22	4:20/K
31	Linda	Wilson	Stratford	F	50	43:35	4:22/K
32	Kathy	Mantel	Princeton	F	43	43:39	4:22/K
33	Andrew	Williamson	Ingersoll	M	37	44:30	4:27/K
34	Sam	Kloppenburg	Arva	M	16	44:45	4:29/K
35	Scott	Wishart	Stratford	M	51	44:50	4:29/K
36	Murray	Wareing	Woodstock	M	47	44:50	4:29/K
37	Randall	Rehkopf	Plattsville	M	43	46:06	4:37/K
38	Spencer	Dowd	Milverton	M	13	46:40	4:40/K
39	Jamie-Lynn	Hauss	Tavistock	F	35	46:48	4:41/K
40	Elijah	Ridder	Guelph	M	14	47:05	4:43/K
41	Darcey	Butler	Innerkip	M	16	47:22	4:44/K
42	Sarah	Nicol	London	F	15	47:34	4:45/K
43	cassandra	parker	London	F	26	47:39	4:46/K
44	Erin	Giles	Denver	F	32	48:09	4:49/K
45	Harry	Bakker	Embro	M	31	48:12	4:49/K
46	Tricia	Edgeworth	Woodstock	F	32	48:14	4:49/K
47	Cathy	Williams	London	F	48	48:17	4:50/K
48	Caleb	Trotter	London	M	16	48:31	4:51/K

49	Ryan	Ford	Ayr	M	36	48:42	4:52/K
50	Alyson	Brhelle	London	F	28	48:54	4:53/K
51	Mark	Mitchell	Hamilton	M	40	49:01	4:54/K
52	Dwayne	McKinley	London	M	36	49:11	4:55/K
53	Vicki	Mayberry	Ingersoll	F	38	49:22	4:56/K
54	Jameson	Glosnek	Stratford	M	20	49:38	4:58/K
55	Mark	Straus	Stratford	M	32	49:49	4:59/K
56	Darcy	Trefiak	Stratford	M	42	50:09	5:01/K
57	Susan	Rabkin	London	F	56	50:36	5:04/K
58	Ian	Nicol	London	M	43	50:47	5:05/K
59	Michael	Donkers	Arva	M	15	50:55	5:06/K
60	Susan	Wakeley	Stratford	F	38	50:57	5:06/K
61	Annette	Wrigley	St. Marys	F	41	51:00	5:06/K
62	Terry	Wilkins	London	M	42	51:23	5:08/K
63	Laura	Hopson	Ingersol	F	14	51:24	5:08/K
64	Steve	Tait	Ingersoll	M	55	51:29	5:09/K
65	Arnold	Mantel	Princeton	M	52	51:50	5:11/K
66	Graham	Holmes	London	M	49	51:57	5:12/K
67	Nikki	Sloan Clarke	Ingersoll	F	46	51:59	5:12/K
68	Steve	Coad	London	M	61	52:10	5:13/K
69	Michael	Quenneville	Strathroy	M	33	52:12	5:13/K
70	Susannah	Ripley	Teeswater	F	17	52:18	5:14/K
71	Junior	Van Geffen	Strathroy	M	34	52:36	5:16/K
72	Paul	Mccallum	Lynden	M	41	52:37	5:16/K
73	Geoff	Galloway	Thamesford	M	43	52:37	5:16/K
74	Debbie	Colafrancesch	London	F	32	52:46	5:17/K
75	Russ	Barker	St Marys	M	54	52:55	5:18/K
76	Nicole	Baarda	London	F	36	53:10	5:19/K
77	Samantha	Kolpin	Thamesford	F	21	53:18	5:20/K
78	Steve	Baarda	London	M	43	53:24	5:20/K
79	Graeme	Murtagh	Kitchener	M	31	53:54	5:23/K
80	Ann Marie	Moss	Embro	F	46	54:49	5:29/K
81	Jenilee	Cook	Woodstock	F	29	54:49	5:29/K
82	Amanda	Lohnes	Forest City	F	26	55:22	5:32/K
83	Heather	Jonker	Innerkip	F	24	55:44	5:34/K
84	Laura	Ritchie	London	F	28	56:14	5:37/K
85	Joy	Wishart	Stratford	F	52	56:30	5:39/K
86	Sandra	Visscher	Lakeside	F	41	56:38	5:40/K
87	Roger	Blum	Woodstock	M	44	56:57	5:42/K
88	Doug	Drake	Stratford	M	47	57:19	5:44/K
89	Paul	Stewart	Stratford	M	47	57:19	5:44/K
90	Melanie	Koot	Thamesford	F	20	57:24	5:44/K
91	Hugh	McDonald	Stratford	M	64	57:30	5:45/K
92	Steven	Howe	Woodstock	M	33	57:33	5:45/K
93	Trudie	Harrington	London	F	46	57:44	5:46/K
94	Ed	Cook	woodstock	M	33	58:14	5:49/K
95	Melissa	Howe	Woodstock	F	29	58:47	5:53/K
96	Janet	Thompson	Woodstock	F	61	59:29	5:57/K
97	Donald	Johnson	Embro	M	52	59:32	5:57/K
98	Steffan	Kampe	London	M	74	59:51	5:59/K
99	Kate	Kalbfleisch	Woodstock	F	30	1:00:55	6:06/K
100	Bruce	Jackson	Stratford	M	61	1:01:15	6:08/K

101	Angela	Delodder	Woodstock	F	36	1:01:28	6:09/K
102	James	Delodder	Woodstock	M	36	1:01:28	6:09/K
103	Martin	Donkers	Arva	M	44	1:01:50	6:11/K
104	Michael	Hofstetter	Plattsville	M	43	1:02:13	6:13/K
105	Angie	Muir-Hughes	Stratford	F	34	1:02:15	6:14/K
106	Orla	Connolly	London	F	31	1:03:17	6:20/K
107	Catherine	Ross	London	F	51	1:03:22	6:20/K
108	Becky	De Wit	St.marys	F	30	1:03:37	6:22/K
109	Janine	Lunn	Belmont	F	33	1:03:38	6:22/K
110	Tanya	Berendsen	St. Pauls	F	30	1:03:43	6:22/K
111	Julie	Moore	Gadshill	F	39	1:03:46	6:23/K
112	Ron	Streach	Embro	M	41	1:03:55	6:24/K
113	Tracey	Galloway	Thamesford	F	44	1:04:54	6:29/K
114	Jennifer	Robinson	London	F	36	1:05:03	6:30/K
115	David	Robinson	London	M	37	1:05:03	6:30/K
116	Kayla	Cook	Woodstock	F	15	1:06:47	6:41/K
117	Len	Elliott	Ingersol	M	62	1:06:52	6:41/K
118	Katie	Dibble	Ingersoll	F	24	1:07:18	6:44/K
119	Dan	Veldman	Embro	M	48	1:07:35	6:46/K
120	Quenneville	Lona	Strathroy	F	31	1:08:11	6:49/K
121	Bernard	Conway	London ON	M	69	1:08:28	6:51/K
122	Mary Jane	Thomson	St. Marys	F	56	1:10:45	7:05/K
123	Richard	Oliver	Ailsa Craig	M	60	1:13:59	7:24/K
124	Lennard	Donkers	Strathroy	M	39	1:18:05	7:49/K
125	Ross	Wilson	arva	M	47	1:19:28	7:57/K
126	Michelle	Batt	Tillsonburg	F	42	1:27:14	8:43/K
127	dDarrell	Marshall	Tillsonburg	M	39	1:27:14	8:43/K
128	Marianne	O'Leary	Toronto	F	49	1:36:37	9:40/K

#### 4K

Place	First Name	Last Name	City	Gender	Age	Time	Pace
1	Marcel	Scheele	Thorndale	M	11	18:25	4:36/K
2	Matt	Lee	Embro	M	13	18:56	4:44/K
3	Natalie	Topp	Kintore	F	13	18:57	4:44/K
4	Evan	Dowd	Milverton	M	11	19:14	4:49/K
5	Kirsten	Dejong	St Marys	F	12	19:24	4:51/K
6	Abbey	Thorup	St. Marys	F	10	20:05	5:01/K
7	Darren	Robinson	Embro	M	14	21:02	5:16/K
8	Nathan	Kodde	Granton	M	12	21:26	5:22/K
9	Caleb	Kodde	Granton	M	10	21:30	5:23/K
10	Leslie	Kelley	London	F	11	21:50	5:28/K
11	Drew	Wrigley	St. Marys	M	13	22:49	5:42/K
12	Sam	Thorup	St. Marys	M	12	22:49	5:42/K
13	Brody	Thompson	St Marys	M	12	22:53	5:43/K
14	Thomas	Wrigley	St Marys	M	10	22:55	5:44/K
15	Joshua	Clements	Owen Sound	M	11	23:01	5:45/K
16	Megan	Nicol	London	F	12	23:13	5:48/K
17	Timo	Scheele	Thorndale	M	8	24:14	6:04/K
18	Kevin	Hicks	Dorchester	M	11	24:18	6:05/K
19	Jessica	Steinhaur	London	F	12	25:27	6:22/K
20	Daniel	McRoberts	Embro	M	11	25:32	6:23/K
21	Laura	Kelley	London	F	9	25:33	6:23/K

22	Josh	Henhoeffler	Miluerton	M	10	26:20	6:35/K
23	Aj	Visscher	Lakeside	M	7	26:21	6:35/K
24	Ethan	Quenneville	Strathroy	M	7	27:52	6:58/K
25	Kennedy	Finch	Kintore	F	9	28:34	7:09/K
26	Youmi	Dickson	London	F	12	29:13	7:18/K
27	Holmes	Damaris	London	F	12	29:16	7:19/K
28	Dianne	Hunt	Embro	F	13	30:15	7:34/K
29	Jacob	Julien	London	M	6	39:43	9:56/K